

# PENN SUMMER ABROAD

## TRAVEL PREPARATION CHECKLIST

This is a general list of things to do/think about/research as you prepare for your summer abroad. Program Directors may also provide more program-specific information.

### PENN ADMINISTRATION

- Discuss study abroad plans with appropriate school advisor.
- Officially commit to your program in Passport, submit deposit, and complete all post-decision documents and requirements by noted deadlines.
- Attend mandatory on-campus orientations (dates TBA). Visiting students who are unable to attend will be sent the materials that are covered in the orientation.
- Visiting students: set up your PennKey and become familiar with how to access your student account and other Penn electronic resources.

### TRAVEL PREPARATION

- Apply early for a passport or make sure your current one is valid for at least 6 months past your return date.
- Make flight arrangements (**we highly recommend purchasing travel and trip cancellation insurance**).
- Check visa requirements with the consulates of the country(s) you will be visiting. Obtain visa as needed.
- If non-US citizen, consult an international student advisor.

### FINANCIAL MATTERS

- Apply for Student Summer Term Financial Aid (if applicable).
- Plan your budget. Refer to program cost sheet on the website.
- Plan to bring appropriate credit cards, bank cards, and cash.
- Research your credit/debit card for any additional fees that may be applied when using these cards abroad.

### HEALTH AND SAFETY

- Inform yourself of health & safety issues for the country you are visiting.
- Complete the Health Disclosure form on Passport. Discuss any health concerns with your Health Care Provider. Make sure you receive all appropriate vaccinations.
- Become familiar with the [International SOS](#) (ISOS) website and their resources. Download the app to your smart phone. All program participants are automatically covered by Penn's group policy. You still need your regular health insurance but ISOS includes emergency evacuation. Log in with **11BSGC000012**.
- Review your health insurance plan to understand what it covers while you are abroad. Purchase additional coverage if needed. Take insurance card with you.
- Make arrangements to have medications, prescriptions, saline solutions, extra eye-glasses, etc. ready to take with you. Pack it in your carry-on luggage. It should be in the original, properly labeled containers.
- U.S Citizens register on-line with the U.S. State Department. <https://step.state.gov/step/> International students register with the equivalent or your embassy in the host country.
- Save important phone numbers in your phone, including the program director's cell phone, the embassy, [International SOS](#), and Penn Police. Carry it with you at all times. Share these numbers with your parents/guardians.
- Arrange an international calling plan and/or make plans to purchase a cell phone abroad.